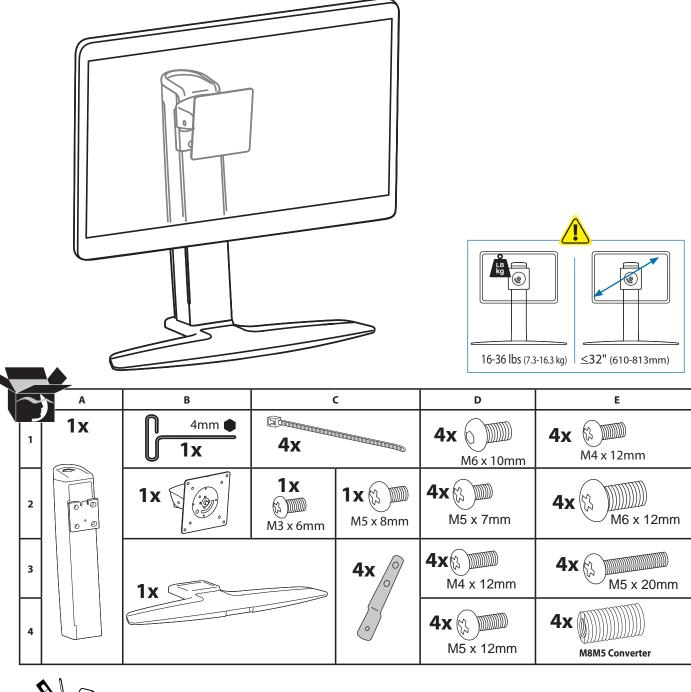


**User's Guide** 

## Neo-Flex<sup>™</sup> Widescreen Stand





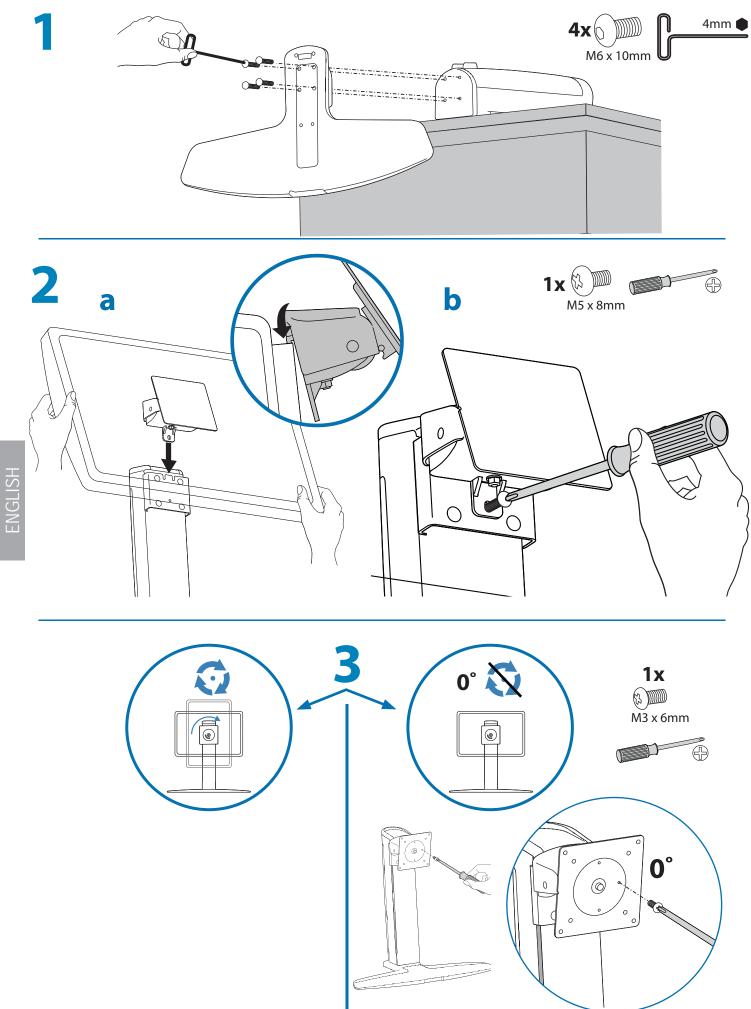
For the latest User Installation Guide please visit: www.ergotron.com

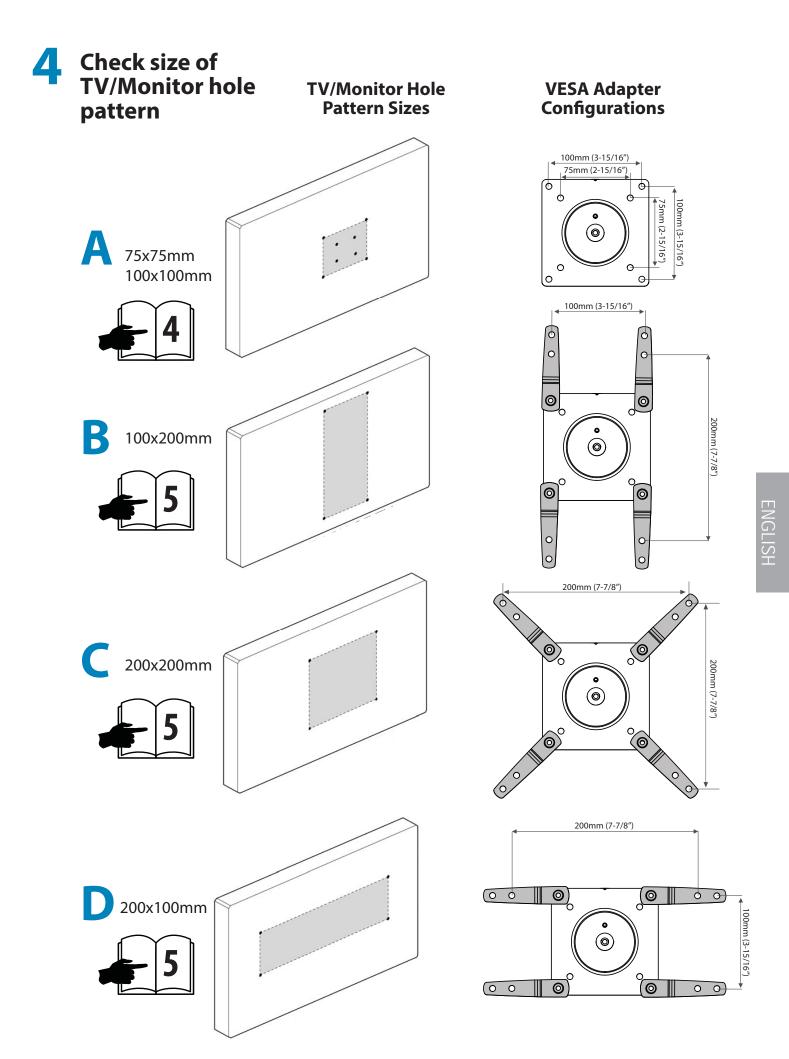


User's Guide - English Guía del usuario - Español Manuel de l'utilisateur - Français Gebruikersgids - Deutsch Benutzerhandbuch - Nederlands Guida per l'utente - Italiano Användarhandbok - svenska ユーザーガイド:日本語 用户指南 : 汉语

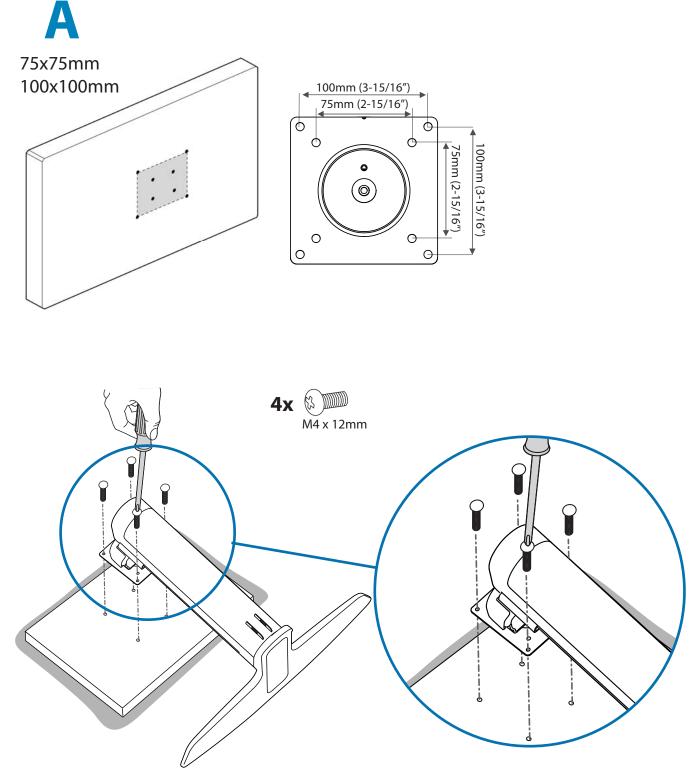
www.ergotron.com USA 1-800-888-8458 Europe +31 (0)33-45 45 600 China 86-769-86018920 1 of 8

ENGLISH



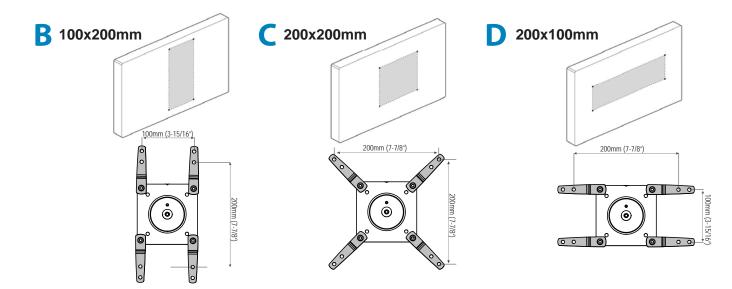




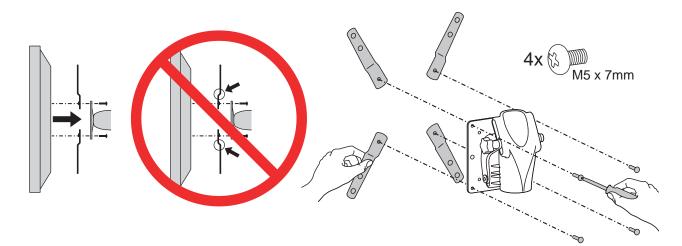




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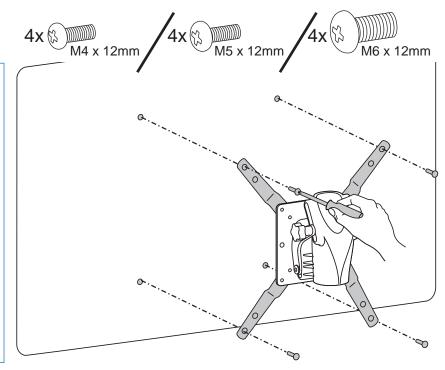
4 a Mount VESA Adapters to Arm based on TV/Monitor hole pattern size (B, C, or D) .



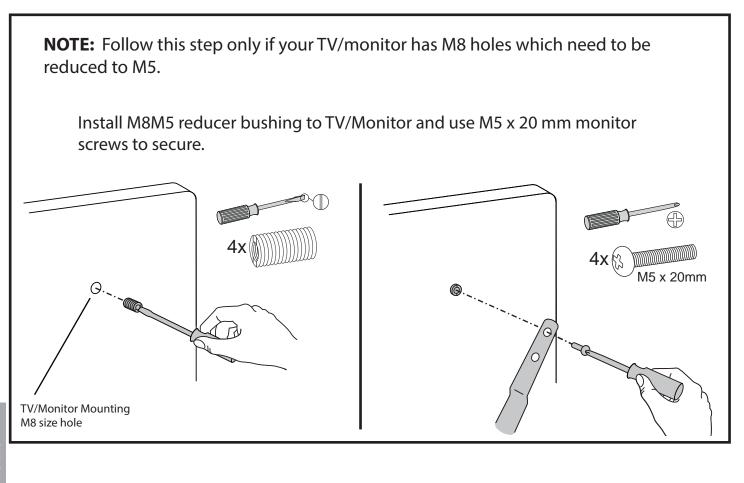
**4** Mount Type B, C, or D TV/Monitor to Arm

**NOTE:** To reduce M8 holes for use with M5 screws, or if you have a model with Samsung holder rings, follow the **M8M5 KIT** instructions on the next page.



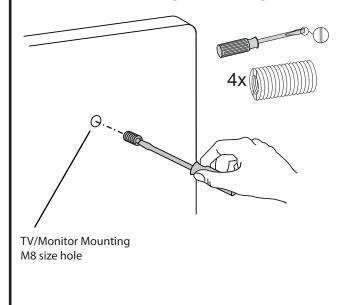


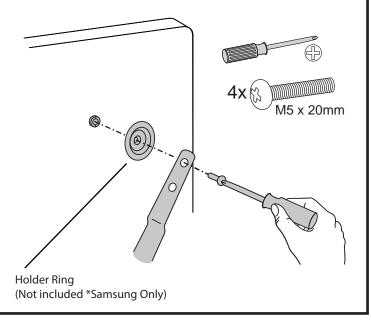
### **M8M5 KIT Instructions**

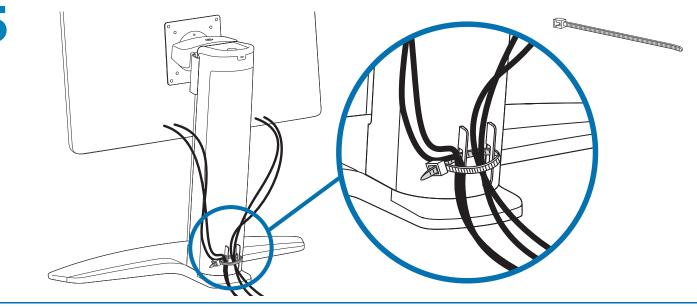


**NOTE:** Follow this step only for Samsung models using the holder ring.

Install M8M5 reducer bushing to TV/Monitor then use M5 x 20 mm monitor screws and Samsung holder ring to secure.



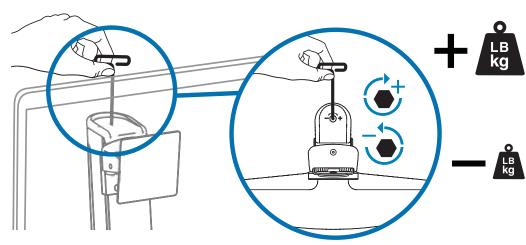




# 6 Q Adjustment Step

Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.

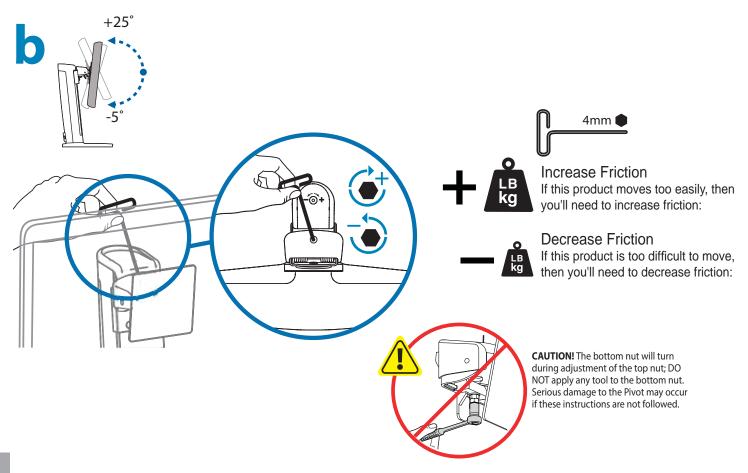




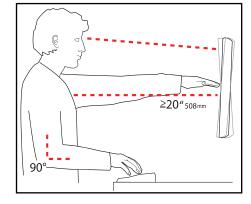
4mm •

Increase Lift Strength If the mounted weight is too heavy or this product does not stay up when raised, then you'll need to increase Lift Strength:

Decrease Lift Strength If the mounted weight is too light or this product does not stay down when lowered, then you'll need to decrease Lift Strength:



### Set Your Workstation to Work For YOU!



#### Learn more about ergonomic computer use at: www.computingcomfort.org

Height Position top of screen slightly below eye level.

Position keyboard at about elbow height with wrists flat.

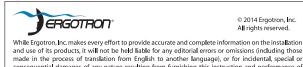
Distance Position screen an arm's length from face—at least 20" (508mm). Position keyboard close enough to create a 90° angle in elbow.

Angle Tilt screen to eliminate glare. Tilt the keyboard back 10° so that your wrists remain flat.

To Reduce Fatigue Breathe - Breathe deeply through your nose. Blink - Blink often to avoid dry eyes. Break • 2 to 3 minutes every 20 minutes • 15 to 20 minutes every 2 hours.

#### For service and warranty visit www.ergotron.com

For local customer care phone numbers visit: http://contact.ergotron.com



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